



 **MONARK**
PROFESSIONAL 

Our **proud** history

Almost **100 years** have passed since the first bicycle left our factory in Vansbro. Today, Monark has developed into a leading brand in many parts of the world. This success also applies to the Monark ergometer where we are the **leading brand** in the world today. How did we get this far? A big part of our success is our history and proud **craftsmanship**. We are extremely proud of our craft and we know what our products mean to our customers. Monark has become a concept where we talk about **quality** in every aspect.

Looking back, it's not a coincidence that so many professional users choose Monark. Our bicycles are more than a regular bicycle; it's a tool, an aid and a flexible mean of transportation. This is why we, in our "state of the art" factory in Sweden, manufacture bicycles in many shapes; from cargo bikes to tandems, tricycles and post bikes. The Monark post bike has become a well known and appreciated companion in postal services around Europe. A distinguishing feature of our bicycles is that our products are not built like regular bicycles. Our wheels, for example, are built with reinforced stainless steel rims and spokes. The frames are designed for heavy duty use and the components are chosen for their high quality and durability. Some of these bicycles also have specially designed carriers both front and rear. **Monark Professional** is the name of this product segment, where bicycles are built for professional users with specific **demands**.



We know everything about the history but we can only guess about the future. However, one thing is for certain - everyday more people discover that a bicycle from Monark is a reliable and long lasting **companion** on the road. A companion with durability and **toughness** for everyday **challenges**.

Just like the **old days**, only better



TRICYCLE

» A 24" tricycle for those who want a slightly larger bike. Designed for optimum comfort and with a very low step-in. A differential drive unit gives this bike superior stability when riding. Three gears, dynamo lighting and an approved lock of standard design. Maximum user weight: 150 kg.

Red Item no. 90533-58
Blue Item no. 90533-62



» A stable tricycle with two wheels at the front for safe forward motion. 20" wheels and a frame with extra low step-in mean this bike is suitable for everyone. Three gears, dynamo lighting and an approved lock as standard. For people with slightly larger loads, there is a large front carrier available as an optional extra. Maximum user weight: 120 kg.

Silver Item no. 90523-65
Red Item no. 90523-58

» A safe, secure tricycle for all. It is smooth and flexible and offers a pleasant riding experience. 20" wheels and three gears. Supplied with lighting and approved lock. Maximum user weight: 120 kg.

Red Item no. 90516-58
Blue Item no. 90516-62

Also available with 16" wheels for younger riders.

Blue Item no. 90517-45



TANDEM

» A truly great bike for two. Built around a unisex steel frame for maximum torsional stiffness and comfort. Also equipped with truly excellent components. Supplied with an approved lock and dynamo lighting. Available with three or seven gears.

Red Item no. 1033-58 3-speed, 1017-58 7-speed
Blue Item no. 1033-62 3-speed, 1017-62 7-speed



TRAILER

» When the carrier is not enough this trailer is a superb compliment. The platform dimensions are 98 x 60 cm and the maximum load capacity is 200 kg.

Item no. 7600-105



MONARK

E CO

THE ultimate **RIDING** experience! *AN E-BIKE*, with an alloy frame and three gears.

Assembled in **Sweden** using the best of components.

The driving unit is a **250 W** engine with a 10Ah Li-Ion battery.

EQUIPPED with hub dynamo and **lock**.



Not like your current bike!

BALLOON BIKE

» A real workhorse! Built around the classic steel frame with high-quality components for reliability, safety and feeling. Standard equipped with hub dynamo and lock. Available in single-speed and three-speed variants.
Tested for weights up to 140 kg.

GENTS

Green Item no. 1341-86 1-speed 1343-86 3-speed

Red Item no. 1341-58 1-speed 1343-58 3-speed

LADIES

Green Item no. 1351-86 1-speed 1353-86 3-speed

Red Item no. 1351-58 0-speed 1353-58 3-speed



BAYER

» A balloon bike with a front carrier.

Item no. 1221-56 1-speed
Item no. 1223-56 3-speed



CARRIER BIKE

» The new generation of industrial bikes, with a focus on function and ergonomics. A stable and user-friendly frame in combination with high-quality components. Available in single-speed or three-speed variants. Max. load weight front: 20 kg. Also available in a 26" model with NoFlat tyres. Large front carrier with stand available as an optional extra for the 26" model

Item no. 90420-64 1-speed
Item no. 90423-64 3-speed
Item no. 90424-64 1-speed 26"



VARIO KOMBI

» A multifunctional industrial bike built around a strong unisex steel frame. Three different carriers are available as accessories, which means that the bike can be adapted to suit different needs. Available in single-speed and five-speed design.

Item no. 68524 1-speed
Item no. 68523 5-speed



Carrier 39007

Carrier 39015

Carrier 39024



LONG JOHN

» The limousine of bicycles! This classic needs no extra introduction.

Item no. 68605 5-speed



TRUCK

» A real classic! A bike for people who want to be seen, as well as a fantastic practical bike. As good to ride as look at. Available in single-speed and three-speed design.

Max. load weight front: 30 kg.

Item no. 68502 1-speed

Item no. 68503 3-speed



SCOOTER



» A basket that attaches to the frame is available as an optional extra.

Silver Item no. 90670-55
Red Item no. 90670-58



» A large three-wheel scooter with air inflated tyres.

Item no. 90624-55

» A plastic box which can be fitted to the front is available as an optional extra.

Item no. 90660-3



» The load capacity is 150 kg and a number of accessories are available, such as an extra platform, load edging and a writing table.

Item no. 90634-0-60





A tradition has yielded, **know-how,** *and a real feel*
experience,

for the product and quality. Since the early 1900s, Monark's cycles have been living proof of precision, reliability, strength and service. That is one of the reasons why we are now the word leader in cycle ergometers and the market leader in Scandinavia in transport cycles. We manufacture, develop and market ergometers and exercise bikes, transport bikes and specialised bicycles. Our largest customer groups are within health care, sports medicine, public authorities, industry and postal services. Thanks to our products' unique features, Monark can be found today in over 90 countries, our largest markets being the USA, China and Scandinavia. Despite having a worldwide operation, development and manufacturing remain in Sweden. The demands on the function and quality of our products are extremely high, which also means that production must fulfil requirements for safety, quality and professionalism.

Monark Exercise AB is part of the Grimaldi Industri Group, which has more than 1,650 employees and a turnover of EUR 265 million.

At Monark Exercise AB we work continuously to develop our products and range. For the latest information concerning specifications, accessories and news, visit our website or contact us.

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 **MONARK**
EXERCISE AB